High Register "Flick" Exercise
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This exercise is designed to help horn players coordinate a fast and focused air stream with the minute muscular motions necessary to play in the high register. Instructions on how to use this exercise are given below.

1) Play this exercise on fresh lips only. If you feel that you are using excess pressure (especially on the upper lip), stop and play the warm-down exercises at the end of the exercise.

2) Let the air stream and only very small lip movements create the notated pitches. As you ascend in register, the corresponding lip motions will decrease.

3) Suggested fingerings are provided, but experiment with other fingering combinations.

4) Strive for a facile and unlabored sound. Avoid "muscling" the notes into place.