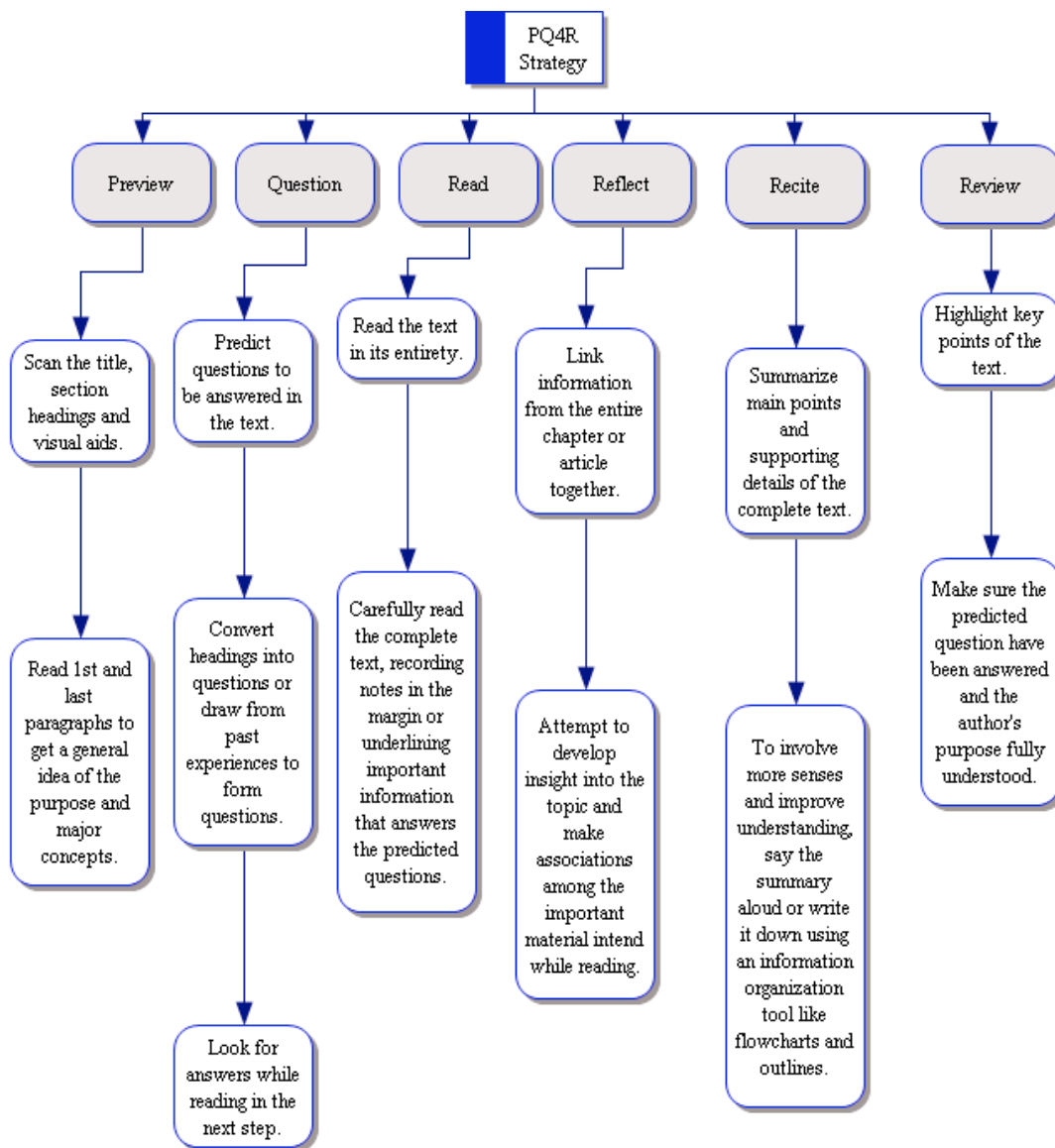


The ULM Counseling Center: PQ4R Strategy for Studying



The PQ4R study method can be adapted to other sources (PowerPoint printouts, anthologies, essays, fiction, journal articles, etc). The University of New England website: <http://www.une.edu/cas/lac/learning/pdf/pq4r.pdf> provides explanations of how to do each of those (05/28/09).

A brief explanation and review of the PQ4R method can be found at the following website: Memory: X. Ways to Improve Memory, [http://encarta.msn.com/text_761578303_33/Memory_\(psychology\).html](http://encarta.msn.com/text_761578303_33/Memory_(psychology).html)

The PQ4R study method has been shown to be an effective study method for individuals with dyslexia.

The PQ4R Method was developed by Thomas, E. L. & Robinson, H. A. (1972), *Improving Reading in Every Class: A sourcebook for teachers*. Boston: Allyn & Bacon and was adapted from Francis P. Robinson's SQ3R method [Survey, Question, Read, Recite, and Review] in *Effective study* (1961), New York: Harper & Row. See also, a discussion of it in Anderson, J. R. (1990), *Cognitive psychology and its implications*, 3rd ed., W. H. Freeman and Company, pp. 210-212.