## **CURRICULUM VITAE**

Tommie L. Church, PhD. 7068 East Lake Rd. Sterlington, Louisiana 71280 Office # (318) 342-1321 Home # (318) 665-0527

## **Educational Preparation**

Bachelor of Science Northeast Louisiana University 1993

Master of Education Northeast Louisiana University 1996

Doctorate of Philosophy Texas Woman's University 2012

**Professional Experience** 

2012 - Present Assistant Professor, Department of Kinesiology, University of

Louisiana at Monroe, Monroe, Louisiana

1996 - 2012 Instructor, Department of Kinesiology, University of Louisiana at

Monroe, Monroe, Louisiana

1977 – Present Owner/Director of Ms. Tommie's School of Dance,

Winnsboro, Louisiana

## Courses Taught - Undergraduate

KINS 2011	Foundations in Physical Education (3 cr.hrs.) This course is designed to increase
	understanding and familiarization of Health, Physical Education, Exercise
	Science, and Sport as a profession; including philosophy, objectives, historical
	background, principles, trends, curriculum, and professional preparation.

KINS 2041 Personal and Community Health (3 cr.hrs.). An orientation course in

health which deals with nutrition, stress, exercise, diseases and their prevention.

KINS 3006 Introduction to Teaching Physical Education. Clinical based course where

physical education majors examine teaching physical education in diverse settings. Candidates will examine how students and teachers spend their time during physical education and the impact it has on learning. Students will study

successful pedagogy skills associated with teaching physical education.

KINS3065 Fitness (3 cr. hrs.) Basic knowledge, values, understanding, and teaching

procedures of selected fitness programs. Course also includes a review of fitness testing, risk factors, risk stratification, medical history, and HIPAA compliance.

KINS 4002 Exercise Program Design (3 cr. hrs.). This course is designed to apply the

principles of exercise leadership in the clinical and preventive settings, with

particular emphasis on formulation of the exercise prescription.

KINS 4010 Exercise and Disease. Examine the role of physical activity in the prevention of

chronic disease. Increased prevalence of disease and decreased physical

activity will be examined.

KINS 4017	School Health Problems (3 cr. hrs.). This course is designed to foster examination, discussion, and problem solving relating to student health problems found within various school systems.
KINS 4031	Methods and Materials in Health Education (3 cr. hrs.) This course presents materials, techniques, and methods of teaching health in the school environment.
KINS 4035	Practicum in Physical Education (6 cr. hrs.) This purpose of this course is to provide the non-teaching physical education (Kinesiology) majors a real life experience in a professional setting related to their major concentration.
KINS 4042	This course is designed to prepare general and special educators to create quality health, physical education programs and activities to address the needs of all learners.
KINS 4043	Epidemiology. This course is designed to enhance the student's understanding of the historical and theoretical bases of epidemiology, the statistical methods used in epidemiology, the distribution of disease over person, place, and time, the research methods used in analytical epidemiology, and the application of epidemiology to the prevention of disease and the promotion of health.
KINS 4045	Controversial Issues in Health. This course is designed to foster the examination and discussion of relevant controversies in health science and personal health. The issues researched and debated are focused around issues of substance use and abuse; sexuality and gender; environment and health; the mind/body relationship and consumer health and nutrition.

# Graduate Courses taught:

EXSC 5008	Nutrition and Wellness. The purpose of this course is to provide students with an overview of role that nutrition plays in enhancing health, fitness, and sports performance. Topics addressed in this course include macronutrients and their function in the body, hydration and temperature regulation, and supplementation.
EXSC 5016	Sport, Fitness, and Recreation Psychology. The relationship of psychology to sport, fitness and recreation to include application of psychological principles for enhancement of coaching, recreation and wellness

# **Service Community**

Performing Member of Monroe Little Theater (1972-2007)
Productions: "The Boyfriend", "Oklahoma", "Hello Dolly", "A Chorus Line", "42<sup>nd</sup> Street", "Nunsense", "Anything Goes", "Of Thee I Sing", "Damn Yankees" and "Showboat", "Will Rogers' Follies", "New Faces", and "Chicago" "Sweet Charity".

Served as one of the coordinators for volunteers from Kinesiology Department for Race for the Cure, Fall 2003-2007, and participant in Race for the Cure 2008-2014

Community outreach project involving the design of exercise program for Rays of Sonshine Substance Recovery Program (2003-2004).

Served as Choreographer for Monroe Little Theater for "Six Dance Lessons", "Beauty and the Beast," and "Footloose" 2006-2007.

## **Service University**

Department of Kinesiology Athlete Advisor 2005-2016

Department Recruiting via Browse on the Bayou 2009-Present

Department of Kinesiology Department Head Search Committee 2011

Department of Kinesiology Assistant Professor Search Committee 2012 - Chair of Committee

College of Education and Human Development's Faculty Advisory Committee 2010-2012

College of Education and Human Development's Recruitment and Retention Committee 2012

College of Education and Human Development Curriculum Committee 2011-2013

College of Education and Human Development Fall Gala Committee 2012 - 2013

University Online Learning Committee 2008-2012

University Quality Matters Committee 2009-2012

University Student Conduct Committee 2010-2012

University Graduate Council Committee 2012-2014

University Athletic Academic Advisory Committee 2013-Present (Secretary)

Chair of Equity and Student Welfare Subcommittee for UAAAC 2013-2016

Faculty Innovation Center Fellow 2016-present

SACS Accreditation Committee 2017

Mortar Board Faculty Advisor 2013-2014

ULM Supervisor for Kinesiology Student Teachers 2013-Present

Advisor and tour faculty for prospective Kinesiology students. 2012 - Present

Advisor for new athletes for prospective Kinesiology students 2009-Present

Advisor for student athletes majoring in Kinesiology 2008-Present

Chair of Search Committees for new faculty 2015-2016

Mentor for Graduate Assistants teaching KINS2030 and KINS2035

#### **Honors**

Dance Educator of the Year 2000 – Louisiana Association of Health, Physical Education, Recreation, and Best Actress in Musical at Monroe Little Theater (Leading Role) "Chicago" – 2003: "Sweet Charity" – 2004. D6

Outstanding Choreography Award for choreography in "Beauty and the Beast" – 2007 – Monroe Little Theater

ULM Mortar Board Outstanding Faculty Award – 2007

ULM Mortar Board Outstanding Faculty Award – 2010

CEHD Outstanding Faculty Award 2012-2013

Lucy Shackelford Memorial Professorship 2016-2018

## **Research and Presentations**

Served as one of the co-authors and researchers for project on local dance workshop students in the summer of 2000. A poster presentation was presented at annual convention for LAHPERD. The study involved risks for eating disorders in young dancers.

Collaborated in grant development project with Monroe City School System. The purpose of the grant is to help provide physical education programs, specialists, and equipment for the schools involved. My role was the fitness assessment process involved in the needs assessment provision.

Learning Facilitator for the LA Health Initiative (2006-2007). This program involved conducting workshops to train teachers in underserved school districts on how to implement nutrition and physical activity components in their elementary curriculums.

Dissertation: "Factors affecting North Louisiana women's decisions related to menopause therapy options". Defense Date: July 26, 2012

Presentation of dissertation results at National Social Science Association Conference, Las Vegas, Nevada. March 24-26, 2013.

NASPE SPA co-writer for NCATE accreditation report 2013-2016.

Hey, W. (Presenter & Author), Lovett, M. (Presenter & Author), Church, T. (Presenter & Author), Southern District SHAPE, "Assessing professional organization partnerships with online sport management programs,", SHAPE: Baton Rouge, LA.

Lovett, M. (Presenter & Author), Hey, W. (Presenter Only), Church, T. (Presenter Only), Southern District SHAPE, "Lovett, M, Hey, WT, & Church, T (2017). Liability concerns of university sponsored sports camps.", SHAPE: Baton Rouge.

Church, T. (2016). *Health Literacy Among Older Adults, Chapter 13, Physical activity and exercise in older adults.* Springer Publishing Company.

Church, T., Hey, W., Lovett, M. (2017). Factors affecting North Louisiana women's decisions related to menopause therapy options. *Louisiana: LAHPERD Journal*.

*Hey, WT,* Lovett, M, Church, T, & Hey, D. (2016). Understanding the intentions of teaching styles to improve student learning in Physical Education, *KAHPERD Journal*,

Hey WT, Upright, P, Jordan, T, Church, T & Lovett, M, (2017). Peer evaluations: Identifying criteria for assessing student's oral presentations, *ASAHPERD Journal*,

Hey, WT, Church, T & Lovett, M, (2017). Identifying student learning style characteristics, and strategies for success in online courses, *MAHPERD Journal* 

Lovett, M., Czekanski, W., Hey, W., Church, T. (2017). I want them to play: Parental motives for youth soccer participation. *Louisiana: LAHPERD Journal*.