

Talk about what the dentist will do.

Teach your child about tooth care.

Take your child to the dentist.

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placed here.

Use this brochure to help get your child ready for the dentist. Let your child work the puzzles and color while you explain what each thing means. Take it with you for your child's appointment and use the checklist below.

Dental Visit Checklist

Check off each question once you've talked about it with your child's dentist.

<input type="checkbox"/>	What is the right way for my child to brush? What size toothbrush is best?
<input type="checkbox"/>	Should my child use fluoride toothpaste?
<input type="checkbox"/>	Does my child have any cavities or other dental problems?
<input type="checkbox"/>	When should I bring my child back for another appointment?

Child's Name _____

Next Dentist Appointment is:

Date: _____ Time: _____

UNISYS
PBM
P.O. Box 91024
Baton Rouge, LA 70821

**Complete
Wellness:**



*A Guide to
Managing
Your Health*

**Has your child seen a
dentist this year?**

You may think your child is too young to go to the dentist.

We'll think again. Children should start going to the dentist after getting their 1st tooth or no later than their 1st birthday.

It is important to take your child to the dentist once or twice a year, even if there are no problems.

Healthy teeth do more than give you a pretty smile. You need healthy teeth to eat and talk.

For a listing of dentists in your area who are enrolled and active in the Medicaid programs, call toll-free 1-877-455-9955.

You may also call the dentist directly and ask if they accept your coverage.

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Tooth Talk!



Below are words that your dentist may use when talking to you. Fill in the missing letters to complete these "tooth talk" words. Hint: Only the vowels are missing (a, e, i, o, or u.)

T _ _ _ th Sm _ _ l _ _ G _ _ ms

T _ _ _ thbr _ _ sh C _ _ v _ _ ty

Fl _ _ ss T _ _ _ thp _ _ st _ _

Tooth or Teeth, Smile, Gums, Toothbrush, Cavity, Floss, Toothpaste

DID YOU KNOW?

Chewing sugar-free gum right after a meal or snack can help fight cavities!



The word "TOOTH" is hidden several times in the letters below. Find and circle "TOOTH" as many times as you can.

T	C	A	S	T	M	H	K
E	O	D	U	O	W	T	P
H	R	O	S	O	B	O	T
T	L	P	T	T	N	O	O
O	E	H	K	H	S	T	O
O	B	I	A	L	Q	U	T
T	O	O	T	H	D	F	H

What keeps your teeth healthy?

Color all of the pictures below. Circle the ones that are good for your teeth and put a big "X" over the ones that aren't.



Circle: Apple, Toothbrush, Milk, Toothpaste, & Dental Floss

The Dentist Saves the Day!



Jack has been busy playing. Jack hasn't been taking time to brush his teeth or go for his dental check-ups. Jack is sad because his teeth aren't shiny. One of them hurts really badly.

Jack's mom takes him to the dentist. The dentist is a doctor who helps keep your teeth healthy and fixes them if you have a problem.



The dentist cleans Jack's teeth and shows him the right way to brush and floss. The dentist also finds a cavity and fixes it.

Now Jack is happy. Jack's teeth are shiny and don't hurt. Jack promises to brush his teeth at least 2 times every day and go back to the dentist for his regular check-ups. Jack doesn't want any more cavities.



Looks like someone lost a tooth!



Help Smiley through the maze and find his missing tooth.



Brush Away



Bad Stuff