



## **Student Survival Guide**

### **Academic Year 2011–2012**

A manual prepared by the Student Success Center for use by students, faculty, and staff of ULM. [www.ulm.edu/studentsuccess](http://www.ulm.edu/studentsuccess)

Campus Map .....	178
Important Phone Numbers .....	179
Colleges/Departments .....	180
Health and Wellness .....	182
Financial Aid and Scholarships .....	184
Tutoring .....	184
Education Opportunities .....	185
Student Success Center .....	185
Lagniappe .....	185
Library .....	187
On Your Own .....	188
Common Challenges and What to Do If... ..	190
Campus Event and Workshop Forms... ..	193



# The University of Louisiana at Monroe CAMPUS MAP

1. Madison Hall	9. Bayou Village Apartments	15. Coenen Hall	22. Fant-Ewing Coliseum	31. University House	37. Hanna Hall	47. Physical Plant
2. Ouachita Hall	10. Bayou Suites Residence Hall	16. Schutze Dining Hall	23. Baseball Stadium	32. Strauss Hall	38. Administration Building	48. Bon Aire - University Residence
3. Parking Addition	11. Masur Hall	17. Clarke M. Williams Student Success Center	24. Malone Stadium	33. Stubbs Hall	39. Nursing Building	49. ULM Police
4. Intermodal Transit Facility	12. Bayou Village Apartments	18. Student Union Building/Student Center - Post Office	25. Lake C. Oxford Natatorium	34. Sandel Hall Visitors Center/Admissions - Bookstore	40. Construction Building	50. University Advancement
5. University Commons I - Bank, Residential Life, Warhawk Card Services	13. Brown Hall - Auditorium, Spkyer & Black Box Theatres, Brown Annex	19. Softball Field	26. Activity Center	35. Garrett Hall	41. Sugar Hall	51. Testing Center
7. ...	14. Bay Hall -By Gallery	20. Heard Stadium (Tennis)	27. University Park Intramural Complex	36. Chemistry & Natural Science	42. Caldwell Hall	52. Hemphill Airway and Computer Science Building
8. Bayou Park		21. Brown Stadium	28. University Library	36. Anna Gray Noe Alumni Center	43. Sound of Today Band Building	53. Marriage & Family Therapy Complex
			29. Photo Services		44. Biederham Hall - Rectal Hall	54. Golf Office
					45. Filhiol Hall	55. Institute of Gerontology
					46. Student Health and Counseling Center	

Note: Not all buildings associated with the university are reflected on this map.

ULM is a member of the University of Louisiana System and is an Affirmative Action/EOE.

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## Important Phone Numbers

The University of Louisiana at Monroe (Switchboard)	342-1000
Athletics	342-5360
Band	342-1594
Bookstore	342-1982
Chorale Groups	342-1592
College of Arts and Sciences	342-1750
College of Business Administration	342-1100
College of Education and Human Development	342-1235
College of Health Sciences	342-1622
College of Pharmacy	342-1600
Controller	342-5122
Counseling Center	342-5220
Enrollment Services	(800) 372-5127, 342-5430
Financial Aid	342-5320
Honors Program	342-3017
La Capitol Federal Credit Union (LaCap)	342-5130
Library	342-1063
Recruitment and Admissions	342-5430
Registrar's Office	342-5262
Residential Life and Housing	342-5240
Scholarships	342-5321
Spirit Groups	342-5294
Student Health Services	342-1651
Student Success Center	342-3667
Testing, CLEP	342-5336
Veterans' Affairs	342-5223

■ College of Arts and Sciences

Phone: 342-1750

Location: Administration Building, Room 1-45

Dean: Dr. Jeffrey Cass

Department	Location	Phone
Agribusiness	CNSB 310	342-1766
Art	Bry 113	342-1376
Atmospheric Sciences	Hanna 314	342-1886
Biology	CNSB 331	342-1813
Chemistry	CNSB 210	342-1825
Communication Studies	Stubbs 120	342-1406
Criminal Justice	Stubbs 208	342-1443
Dance	Brown Annex 116	342-1312
English	Administration 3-125	342-1485
Foreign Languages	Brown 325	342-1525
General Studies	Student Success Center	342-3667
Geosciences	Hanna 314	342-1886
Gerontology	Stubbs 103	342-1465
History	Brown Hall 228	342-1538
Mass Communications	Stubbs Hall 120	342-1406
Mathematics and Physics	Airway Science 305	342-1852
Military Science	224 Brown Stadium	342-1553
Music	Biedenham 260	342-3811
Political Science	Stubbs 103	342-1465
Social Work	Stubbs 217	342-1456
Sociology	Stubbs 103	342-1465
Theatre	Brown Annex 116	342-1312
Visual and Performing Arts	Biedenham 260	342-3811
ULM Soils Laboratory	CNSB 117	342-1948

## ■ College of Business

Phone: 342-1100

Location: Administration Building, Room 2-39

Dean: Dr. Ron Berry

Department	Location	Phone
Accounting	Administration 2-137	342-1108
Aviation	Airway 157	342-1787
Computer Information Systems	Administration 3-39	342-1190
Computer Science	Airway 345	342-1855
Construction Management	Construction 115	342-1860
Finance	Administration 2-60	342-1168
Management	Administration 2-210	342-1117
Marketing	Administration 2-115	342-1186
Risk Management and Insurance	Administration 2-26	342-1154

## ■ College of Education and Human Development

Phone: 342-1235

Location: Strauss 255

Dean: Dr. Sandra Lemoine

Education Department	Location	Phone
Educational Leadership and Counseling	Strauss 306	342-1246
Kinesiology	Brown Hall 102	342-1306
Psychology	Strauss 314	342-1330
Curriculum and Instruction	Strauss 208	342-1266

### ■ College of Health Sciences

Phone: 342-1622

Location: Sugar 151

Dean: Dr. Denny Ryman

Department	Location	Phone
Medical Laboratory Science	Nursing 321D	342-1637
Speech/Language Pathology	Sugar 152	342-1392
Dental Hygiene	Caldwell 210	342-1621
Health Studies	Sugar 156	342-1285
Nursing	Nursing 124	342-1641
Occupational Therapy	Caldwell 111	342-1610
Radiologic Technology	Nursing 306	342-3270

### ■ College of Pharmacy

Phone: 342-1600

Location: Bienville Building

Dean: Interim Dr. Benny Blaylock

Department	Location	Phone
Basic Pharmaceutical Sciences	Bienville Building 356	342-3283
Clinical and Administrative Sciences	Bienville Building 225	342-3166
Pharmacy	Bienville Building 176	342-3800
Toxicology	Sugar 256	342-1698

## Health and Wellness

### ■ Activity Center

Warhawk Way • 342-5305 • <http://www.ulm.edu/recserv/>

The Activity Center provides recreational services, intramural activities, and wellness activities. They also have personnel on hand to provide exercise prescriptions, fitness assessments, nutritional counseling, and dietary analysis.

Hours: Monday–Thursday 6am–9pm • Friday 6am–8pm • Saturday and Sunday 1pm–6pm

### ■ Community Counseling Center

Strauss Hall, Room 284 • 342-1263 • [http://www.ulm.edu/cehd/community/counseling\\_center.html](http://www.ulm.edu/cehd/community/counseling_center.html)

Staff of the Community Counseling Center consists of graduate students in community, school, and substance abuse counseling. Services for ULM students are free and non-students are charged a maximum of \$25.00. Counseling sessions are supervised and videotaped.

### ■ Counseling Center

1140 University Avenue • 342-5220 • <http://www.ulm.edu/counselingcenter/>

The Counseling Center is a free service available to all ULM students. This facility offers confidential counseling services to students who seek help in solving personal, social, or career concerns, as well as assistance for students with special needs.

### ■ Dental Hygiene Clinic

Caldwell Hall, Room 124 • 342-1616

The Dental Hygiene Clinic offers services including teeth cleaning, x-rays, polishing, fluoride treatments, sealants, and cancer screenings.

### ■ Marriage and Family Therapy Clinic

3404 Bon Aire Drive • 362-9797 • <http://www.ulm.edu/mft/clinic.html>

The MFT clinic is staffed by graduate students in the MFT program. Counseling sessions are supervised and videotaped.

### ■ Natatorium

100 Warhawk Way • 342-5315 • <http://www.ulm.edu/natatorium/>

Office Hours: Monday - Friday 6am–9am, 12pm–7:15pm • Saturday 10am–1:45pm

Lap Hours: Monday–Friday 6am-9am, 12pm-1pm

Recreational Hours: Monday–Friday 1pm–7:15pm

### ■ Kitty DeGree Speech and Hearing Center

Sugar Hall • 342-1395 • <http://www.ulm.edu/slp/clinic.html>

The Kitty DeGree Speech and Hearing Center provides services including: hearing test, assessment of language learning disorders, and speech therapy.

### ■ Student Health Center

1140 University Avenue • 342-1651 • <http://www.ulm.edu/shs/>

The Student Health Center provides ULM students with free routine medical assistance. The Center is staffed by professional nurse practitioners and doctors are on-call daily. Walk-ins are welcome, but appointments are preferred. Students must bring ULM ID to receive treatment.

## Financial Aid and Scholarships

### ■ Financial Aid

Administration Building, Room 1-123 • 342-5320 • <http://finaid.ulm.edu>

The Financial Aid Office provides assistance to students by reducing or eliminating financial obstacles that might prohibit them from attaining an education.

Three types of assistance are available for those who qualify:

1. Grants: repayment is not necessary
2. Loans: must be repaid
3. Employment: federal work study on campus

Applications available in the financial aid office or on the Web.

### ■ Scholarship Office

Sandel Hall 225 • 342-5321 • [www.ulm.edu/scholarships/](http://www.ulm.edu/scholarships/)

The Scholarship Office provides assistance to students wishing to apply for a scholarship. They also assist students with defining requirements necessary to remain eligible for current scholarships.

## Tutoring

### ■ The Write Place

Administration Building, Room 3-87 • 342-1523 • <http://www.ulm.edu/english/writespace/facilities.html>

The Write Place is designed to assist students with English and writing skills.

Hours: Monday–Thursday 8am–5pm • Friday 8am–12pm

### ■ Student Success Center

Clarke M. Williams Student Success Center • 342-3667 • <http://www.ulm.edu/studentssuccess>

The Student Success Center offers free Math, Chemistry, Biology, and Physics tutoring to all students. It is necessary to call and set up an appointment.

Tutoring Hours: Monday–Thursday 10:00am–8pm

### ■ Math Resource Center

Airway Science, Room 211 • 342-1845 • <http://www.ulm.edu/mathweb/mrc.html>

The Math Resource center offers tutoring for Math 0093 and Math 1011.

Hours: Monday–Thursday 7:00am–5:00pm • Friday 7:00am–11:30am

## Education Opportunities

### ■ Continuing Education

Hanna 241 • 342-1030 • <http://www.ce.ulm.edu>

The Division of Continuing Education for the University of Louisiana at Monroe is a lifelong learning organization whose mission is to help individuals, businesses, groups, and communities transform themselves through their pursuit of knowledge. Continuing Education offers non-credit courses in professional and personal development, including face-to-face as well as online formats. The Division also facilitates credit courses that utilize video conferencing, and it supports academic departments in the development and delivery of online courses and degree programs.

### ■ Testing

Sandel Hall 225 • 342-5336 • <http://www.ulm.edu/testingcenter/>

The testing center offers services, including: CLEP tests for various college courses, testing services for national testing programs, correspondence and university/major field assessment tests, and distribution of test applications and bulletins.

## Student Success Center

### ■ Academic Advising Offices

Clarke M. Williams Student Success Center • 342-3667 • [www.ulm.edu/studentsuccess](http://www.ulm.edu/studentsuccess)

The full-time advising staff of the Student Success Center serves as Academic Advisors for all General Studies students, all Undeclared students, all Pre-Pharmacy students, and pre-professional Health Sciences students. Services include academic advising and career exploration. This office also provides workshops that are available to all students.

## Lagniappe

### ■ Bookstore

Sandel Hall • 342-1982 • [www.ulmbookstore.com](http://www.ulmbookstore.com)

The University Bookstore provides merchandise, including: required textbooks, ULM clothing, paperback reading materials, snacks, art supplies, school supplies, cards, gifts, personal hygiene items, and tickets to Union Board Concerts, plays, and other ULM sponsored productions.

Hours: Monday–Thursday 7:30am–5:30pm • Friday 7:30am–12pm

\*Check for extended hours during registration.

## ■ Career Connections and Experiential Education

Library Room 314 • 342-5338 • [www.ulm.edu/careerconnections](http://www.ulm.edu/careerconnections)

The Office of Career Connections provides assistance to students and alumni in the areas of resumé development, cover letters, and interviewing techniques, including mock interviews. Career Services is also responsible for the coordination of eight career days each year, on-campus recruiting, maintaining credentials files for students, and providing a career resource library.

## ■ The Computing Center

Administration Building, Room 1-98 • 342-5015 • [www.ulm.edu/computingcenter/](http://www.ulm.edu/computingcenter/)

The Computing Center provides student internet and e-mail accounts. They also maintain a number of computer labs throughout campus including labs located in dormitories.

## ■ La Capitol Federal Credit Union

University Commons II • 342-5130

The LaCap Bank provides services to students, including: accepts payment of fees and fines, provides pick-up location for loan checks, posts additions to meal accounts or Warhawk Express Accounts, and cashes personal checks for up to \$50.00 (.25 charge) with picture ID.

Hours: Monday –Friday 8am–4:30pm

## ■ Post Office

1st floor of SUB • 342-5005

The ULM Post Office provides campus mail boxes for on-campus students, as well as rental boxes for students who live off campus. The ULM Post Office provides services just as the Federal Post Office, including selling stamps and packaging.

Hours: Monday–Thursday 8:00am–3pm • Friday 7:30am–11:00am

\*Closed Daily 11:45–12:30 for lunch

## ■ Warhawk ID Card Services

University Commons II • 342-5002 • [www.ulm.edu/warhawocard](http://www.ulm.edu/warhawocard)

The WIDS Office maintains meal plan accounts, Warhawk Express Debit Accounts, Voter Registration, and the creation of ULM Student Identification Cards, as well as all activities affiliated with these cards.

## ■ Student Account Services

Administration Building, Room 1-5 • 342-5116 • [www.ulm.edu/controller/sas/](http://www.ulm.edu/controller/sas/)

The services provided by Student Billing are as follows: document any remaining balance owed by the student, request refund check from check writing department, post fines, fees, and other charges to students' accounts, keep record of all checks and payments made to student and/or the University, and post NSF charges to students' accounts and collect money owed.

## ■ Warhawk Express

Warhawk ID Card Services Office, University Commons II • 342-5002

[www.ulm.edu/warhawkcard/info2.html](http://www.ulm.edu/warhawkcard/info2.html)

The Warhawk Express Debit Plan is a plan that allows students to put money in their account and then use the Warhawk Express Card to pay for campus purchases. All ULM students with a valid ID card are eligible to obtain a Warhawk Express.

## ■ University Police

605 North McGuire Street • 342-5350 or 1-911 in an emergency • [www.ulm.edu/~police/](http://www.ulm.edu/~police/)

The University Police Department provides the following services: overall campus security, Community Policing Safety Seminars, 24-hour escort service to and from any area on campus, and parking tags for students, faculty, and staff.

## Library

### ■ Library Hours

4100 Northeast Drive • 342-1070 • [www.ulm.edu/library/](http://www.ulm.edu/library/)

The ULM Library services include: iLink catalogs, classification system, indexes, databases, full text, ULM electronic reserve, and Iliad (patron initiated interlibrary loan).

### *Hours*

#### *Building and Circulation*

Monday–Thursday 7:30am–midnight • Friday 7:30am–1:00pm

Saturday Closed • Sunday 2:00 pm–midnight

#### *Media*

Monday–Thursday 7:30am–5:00pm • Friday 7:30am–1:00pm

Saturday Closed • Sunday 2:00pm–5:00pm

#### *Reference*

Monday–Thursday 7:30am–9:00pm • Friday 7:30am–1:00pm

Saturday Closed • Sunday 2:00pm–9:00pm

#### *Computer Lab*

Monday–Thursday 7:35am–11:45pm • Friday 7:35am–12:45pm

Saturday Closed • Sunday 2:05pm–11:45pm

### *Library Directory*

Acquisitions	342-1053
Circulation/Reserve	342-1063
Computer Lab	342-3333
Government Publications and Media Services	342-1266
Interlibrary Loan	342-1067
Public Services	342-1069
Reference	342-1071
Serials	342-1073
Special Collections	342-1055
Technical Services	342-1062

## **On Your Own**

### ■ **Activities and Involvement**

- Attend athletic and cultural events
- Check campus bulletin boards for special events
- Talk with your R.A.
- Look for announcements on campus
- Read the *Hawkeye* (campus newspaper)
- Volunteer in the community
- Campus calendar at [www.ulm.edu](http://www.ulm.edu)

### ■ **Career Advice**

- Talk with your academic advisor
- Speak with faculty in your area of interest
- Join a student organization related to your area of interest
- Volunteer at a job site in your area of interest
- Make an appointment for DISCOVER at the Student Success Center
- Attend a Career Day
- Talk to Career Connections

### ■ Exam Skills and Test Anxiety

- Break up studying over a long period of time—try not to cram
- When taking a test, take deep breaths and try to relax
- Form study groups with students in your classes
- Set up appointments to speak with your individual professors
- Attend Supplemental Instruction sessions if available
- Attend Workshops pertaining to study skills and test anxiety

### ■ Library Research

- Begin your research early
- Work with a librarian to identify search strategies and resources
- Learn to use research tools and library resources efficiently and effectively

### ■ Math Skills

- Remember: Math is sequential, work on it daily
- Make an appointment at the Learning Resource Center for math tutoring
- Visit the Math Resource Center for tutoring
- Meet with a study partner or group
- Consult with the professor of the course you are taking
- Consult with students who have previously taken the course

### ■ Study Habits

- Attend class regularly
- Review class notes daily
- Form study groups with students in your classes
- Set up an appointment to speak with your individual professors
- If assigned a chapter for a lecture, read the chapter prior to class

### ■ Writing Skills

- Make an appointment with The Write Place to get extra help on your writing assignments
- Consult with your English professor and identify specific writing needs

## Common Challenges and What to Do If...

### ■ Personal, Family, or Medical Problems During the Semester

- Discuss with professors or advisor
- Visit the Infirmary
- Visit one of our counseling centers

### ■ Floundering in Class

- Are you attending class?
- Are you studying two hours per credit hour?
- Speak with an advisor, professor, or academic dean
- Seek study groups, tutoring, or workshops on campus

### ■ Reading, Writing, Study Skills, Learning Disabilities, Tutoring, Choosing a Major

- Student Success Center            Clarke M. Williams SSC
- The Write Place                      Admin 3-87
- Counseling Center                  1140 University Ave
- Career Connections Library       Room 314
- Math Resource Center              Airway Science 211

### ■ Classes with a Large Number of Students

- Sit toward front of the room
- Avoid distractive students
- Resist skipping class
- Form a small study group
- Ask professor for clarification when needed

### ■ Loneliness

- Check out student activities on campus and get involved
- Check into organizations on campus
- Speak to a counselor
- Attend dorm programming

### ■ High School to College Transition

- More study time
- Form study groups
- Get involved in campus activities
- Realize that what was working in high school may not work in college

### ■ Roommate Complaints

- Discuss with roommate
- Consult with Resident Advisor

### ■ Desire to Become Involved

- Intramurals and Recreation
- Departmental clubs and organizations
- Greek system
- Student government