

Warm-Up Routine and Scales for Beginning F Horn Players

Micah Everett, University of Louisiana at Monroe

*Begin with breathing and mouthpiece buzzing exercises before proceeding with this routine.

1. Long Tones

Three staves of musical notation in 4/4 time, each containing a whole note. The notes are: Staff 1: C4, D4, E4, F4, G4, A4, B4, C5. Staff 2: D4, E4, F4, G4, A4, B4, C5, B4, A4, G4, F4, E4, D4. Staff 3: C4, B3, A3, G3, F3, E3, D3, C3, B2, A2, G2, F2, E2, D2, C2.

2. Lip Slurs

Three staves of musical notation in 4/4 time, each containing eighth notes with slurs. Staff 1: C4 (finger 0), D4, E4, F4, G4, A4, B4, C5. Staff 2: D4, E4, F4, G4, A4, B4, C5, B4, A4, G4, F4, E4, D4. Staff 3: C4, B3, A3, G3, F3, E3, D3, C3, B2, A2, G2, F2, E2, D2, C2.

3. More Lip Slurs

Three staves of musical notation in 4/4 time, each containing eighth notes with slurs. Staff 1: C4 (finger 1-2-3), D4, E4, F4, G4, A4, B4, C5. Staff 2: D4, E4, F4, G4, A4, B4, C5, B4, A4, G4, F4, E4, D4. Staff 3: C4, B3, A3, G3, F3, E3, D3, C3, B2, A2, G2, F2, E2, D2, C2.

4. Tonguing

Musical notation for Tonguing exercise in 4/4 time, consisting of four staves. The first staff has a treble clef and a 4/4 time signature. The exercise includes quarter notes, eighth notes, and sixteenth notes with various tonguing patterns indicated by slurs and accents.

5. Scales

F (Concert B-Flat)

Musical notation for F scale (Concert B-Flat) in treble clef. The scale is written in a single line with a key signature of one flat (B-flat). It consists of a sequence of notes: F, G, A, B-flat, C, D, E, F, G, A, B-flat, C, D, E, F.

F-Sharp (Concert B)

Musical notation for F-Sharp scale (Concert B) in treble clef. The scale is written in a single line with a key signature of two sharps (F-sharp and C-sharp). It consists of a sequence of notes: F-sharp, G, A, B, C, D, E, F-sharp, G, A, B, C, D, E, F-sharp.

G (Concert C)

Musical notation for G scale (Concert C) in treble clef. The scale is written in a single line with a key signature of one sharp (F-sharp). It consists of a sequence of notes: G, A, B, C, D, E, F-sharp, G, A, B, C, D, E, F-sharp, G.

A-Flat (Concert D-Flat)

Musical notation for A-Flat scale (Concert D-Flat) in treble clef. The scale is written in a single line with a key signature of three flats (B-flat, E-flat, A-flat). It consists of a sequence of notes: A-flat, B-flat, C, D, E-flat, F, G, A-flat, B-flat, C, D, E-flat, F, G, A-flat.

A (Concert D)

Musical notation for A scale (Concert D) in treble clef. The scale is written in a single line with a key signature of three sharps (F-sharp, C-sharp, G-sharp). It consists of a sequence of notes: A, B, C, D, E, F-sharp, G-sharp, A, B, C, D, E, F-sharp, G-sharp, A.

B-Flat (Concert E-Flat)

Musical notation for B-Flat scale (Concert E-Flat) in treble clef. The scale is written in a single line with a key signature of two flats (B-flat, E-flat). It consists of a sequence of notes: B-flat, C, D, E-flat, F, G, A, B-flat, C, D, E-flat, F, G, A, B-flat.

B (Concert E)

A single musical staff in treble clef with a key signature of three sharps (F#, C#, G#). The scale consists of half notes: B2, C3, D3, E3, F#3, G#3, A3, B3, C4, D4, E4, F#4, G#4, A4, B4, C5, D5, E5, F#5, G#5, A5, B5, C6, D6, E6, F#6, G#6, A6, B6, C7, D7, E7, F#7, G#7, A7, B7, C8, D8, E8, F#8, G#8, A8, B8, C9, D9, E9, F#9, G#9, A9, B9, C10, D10, E10, F#10, G#10, A10, B10, C11, D11, E11, F#11, G#11, A11, B11, C12, D12, E12, F#12, G#12, A12, B12, C13, D13, E13, F#13, G#13, A13, B13, C14, D14, E14, F#14, G#14, A14, B14, C15, D15, E15, F#15, G#15, A15, B15, C16, D16, E16, F#16, G#16, A16, B16, C17, D17, E17, F#17, G#17, A17, B17, C18, D18, E18, F#18, G#18, A18, B18, C19, D19, E19, F#19, G#19, A19, B19, C20, D20, E20, F#20, G#20, A20, B20, C21, D21, E21, F#21, G#21, A21, B21, C22, D22, E22, F#22, G#22, A22, B22, C23, D23, E23, F#23, G#23, A23, B23, C24, D24, E24, F#24, G#24, A24, B24, C25, D25, E25, F#25, G#25, A25, B25, C26, D26, E26, F#26, G#26, A26, B26, C27, D27, E27, F#27, G#27, A27, B27, C28, D28, E28, F#28, G#28, A28, B28, C29, D29, E29, F#29, G#29, A29, B29, C30, D30, E30, F#30, G#30, A30, B30, C31, D31, E31, F#31, G#31, A31, B31, C32, D32, E32, F#32, G#32, A32, B32, C33, D33, E33, F#33, G#33, A33, B33, C34, D34, E34, F#34, G#34, A34, B34, C35, D35, E35, F#35, G#35, A35, B35, C36, D36, E36, F#36, G#36, A36, B36, C37, D37, E37, F#37, G#37, A37, B37, C38, D38, E38, F#38, G#38, A38, B38, C39, D39, E39, F#39, G#39, A39, B39, C40, D40, E40, F#40, G#40, A40, B40, C41, D41, E41, F#41, G#41, A41, B41, C42, D42, E42, F#42, G#42, A42, B42, C43, D43, E43, F#43, G#43, A43, B43, C44, D44, E44, F#44, G#44, A44, B44, C45, D45, E45, F#45, G#45, A45, B45, C46, D46, E46, F#46, G#46, A46, B46, C47, D47, E47, F#47, G#47, A47, B47, C48, D48, E48, F#48, G#48, A48, B48, C49, D49, E49, F#49, G#49, A49, B49, C50, D50, E50, F#50, G#50, A50, B50, C51, D51, E51, F#51, G#51, A51, B51, C52, D52, E52, F#52, G#52, A52, B52, C53, D53, E53, F#53, G#53, A53, B53, C54, D54, E54, F#54, G#54, A54, B54, C55, D55, E55, F#55, G#55, A55, B55, C56, D56, E56, F#56, G#56, A56, B56, C57, D57, 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