As a member of the ULM Warhawk Student Community, please review the following information:
COVID Symptoms

Know the symptoms of COVID-19, which can include the following:

- Cough
- Fever
- Chills
- Muscle pain
- Shortness of breath or difficulty breathing
- Sore throat
- New loss of taste or smell

Visit [cdc.gov](http://cdc.gov) for more info

Keep track of your symptoms.

Symptoms may appear 2-14 days after exposure to the virus. People with some of these symptoms may have COVID-19: fever, cough, difficulty breathing, new loss of taste or smell.

COVID-19 [Self Check Form](http://cdc.gov)
What should I do if I have SYMPTOMS?

On Campus Students
Students who live on campus and develop any of these symptoms should contact University Housing (318)342-5240 and follow the guidance provided.

Commuter Students
Students upon arrival to campus or class appear to have COVID-19 symptoms (described in slide 2), should immediately separate from others, return home if possible and seek medical attention.

*ALL students MUST inform the Affinity Health ULM Clinic (318)-342-1651
What should I do if I have been EXPOSED to COVID?

**Exposure Off Campus Residents**

- Students who **LIVE off campus** and have been exposed to someone with COVID-19, stay away from campus.
- Self-isolate, notify the Affinity Health ULM Clinic and follow the guidance provided.
- Other University officials with a legitimate need to know will be informed. Medical information will be kept confidential.

**Exposure On Campus Residents**

- Students who **LIVE on campus** and have been exposed to someone with COVID-19, MUST notify the Affinity Health ULM Clinic AND University Housing and follow the guidance provided.
- Other University officials with a legitimate need to know will be informed. Medical information will be kept confidential.
When You Are Exposed- Quarantine Protocols

If you are exposed to someone with COVID-19, there are specific guidelines depending on your vaccination status.

• If you:
  • Have received a COVID-19 booster; OR
  • Completed the primary series of the Pfizer or Moderna vaccine within the last 6 months; OR
  • Completed the primary series of the Johnson & Johnson vaccine within the last two months.
  • Then:
    • Report your case to the appropriate University officials and complete the ULM COVID-19 Return to Campus Certification
    • Wear a mask in public for 10 days.
    • Test on day 5 if possible.
    • If you develop symptoms at any point, you should get tested and isolate until test results are received.

• If you:
  • Completed the primary series of the Pfizer or Moderna vaccines over six months ago and are not boosted; OR
  • Completed the primary series of the Johnson & Johnson vaccine over two months ago and are not boosted; OR
  • Are unvaccinated.
  • Then:
    • Report your case to the appropriate University officials and complete the ULM COVID-19 Return to Campus Certification
    • Quarantine for five days. After that you must continue to wear a mask around others for five additional days.
    • Test on day five, if possible.
    • If you develop symptoms, then you should get tested and isolate until results are received.

DO YOUR PART TO SAVE LIVES

Wash hands frequently. Cover your cough. Don’t touch your face. Stay home. If you must go out, keep your distance from others.
When You Test Positive - Isolation Protocols

We are adopting the updated CDC protocols for isolation of individuals who’ve tested positive for the virus. If you test positive for COVID-19, regardless of your vaccination status:

- Report your case to the appropriate University officials and complete the ULM COVID-19 Return to Campus Certification
- You must isolate for FIVE days
- If you have no symptoms or your symptoms are resolving (no fever for 24 hours), you may leave isolation after five days.
- After leaving isolation, you must wear a mask around others for an additional five days.

If you have a fever, you must continue to isolate until your fever resolves without the aid of fever-reducing medication.
What should I do if I believe I HAVE COVID?

During School Hours
Affinity Health ULM Clinic
(318) 342-1651
1140 University Ave.
Monroe, LA 71209
Hours of Operation,
Mon. – Fri. from 8 a.m. to 5 p.m.

After School Hours
Should symptoms occur **AFTER HOURS**
or when the Affinity Health ULM Clinic is closed, please contact
The Affinity Health 24-hour Hotline
(318) 807-4616 • (318) 807-0525
2408 Broadmoor Blvd. Ste. 2
Monroe, LA 71201

Note: Large volumes of calls may be filtering at the same time please be patient
and continue to hold or continue calling back until you speak with someone.

*Student may also contact their Health Care Provider, follow the guidance
provided and prepare to navigate from home*
Student Diagnosed.

What about my classes?

Contact the ULM Self Development, Counseling, and Special Accommodations Center to ensure your connection with Academics

- The Affinity Health ULM Clinic and/or the Affinity Walk-in Clinic will communicate to the ULM Counseling Center those students who test positive. The ULM Counseling Center will contact the appropriate Academic Dean to begin the process for students to receive accommodations that are necessary.

- If you used your Personal Health Care Provider contact the ULM Counseling Center. Monday - Thursday 7:30 a.m. – 5:00 p.m. and Friday 7:30 a.m. – 11:30 a.m. (318) 342-5220.
Who is going to Check on Me If I’m in Quarantine

**On Campus Students**
- Students who **live on campus** will receive a call from the Residential Life and Housing staff twice a day. One call in the morning and the other call will be in the evening. If the staff finds that a student needs further assistance or a referral, they will call the appropriate University officials.
- Cleaning Supplies will be provided if needed.

**Commuter Students**
- Students will be contacted by the designated Academic Affairs personnel.
- Students who contacted the Affinity Health Clinic will follow protocols from the Counseling Center.
- Students who used their personal Health Care provider will need to **complete a Counseling Center; intake form should they wish to be contacted** by the University Counseling Center.
Student Diagnosed. When can I return to class/campus?

- Report your case to the appropriate University officials and complete the ULM COVID-19 Return to Campus Certification
- You must isolate for FIVE days
- If you have no symptoms or your symptoms are resolving (no fever for 24 hours), you may leave isolation after five days.
- After leaving isolation, you must wear a mask around others for an additional five days.

If you have a fever, you must continue to isolate until your fever resolves without the aid of fever-reducing medication.
Thank You!

For additional ULM Covid-19 updates visit

https://www.ulm.edu/coronavirus/