As a member of the ULM Warhawk Student Community please adhere to the following information:
How do I know if I have COVID?

Self-Monitoring

Know the symptoms of COVID-19, which can include the following:

- Cough
- Fever
- Chills
- Muscle pain
- Shortness of breath or difficulty breathing*
- Sore throat
- New loss of taste or smell

Visit cdc.gov for more info
Self Screening

Keep track of your symptoms.
Symptoms may appear 2-14 days after exposure to the virus. People with some of these symptoms may have COVID-19: fever, cough, difficulty breathing, new loss of taste or smell.

COVID-19 self-assessment
This resource can help you decide what kind of medical care you might need for COVID-19

- For informational purposes only
- Not a medical diagnosis
- Private and secure
- Your answers aren’t collected or shared

By continuing, you agree with the terms and that this resource is for adults 18+ in the United States. Learn more

Terms of Service & Privacy Policy
Based on a CDC open source project

Self-Checker
What should I do if I have **SYMPTOMS**?

**On Campus Students**
Students who live on campus and develop any of these symptoms should contact University Housing (318)342-5240 and follow the guidance provided.

**Commuter Students**
Students upon arrival to campus or class appear to have COVID-19 symptoms (described in slide 2), should immediately separate from others, return home if possible and seek medical attention.

*ALL students MUST inform the Affinity Health ULM Clinic (318)-342-1651*
What do I do if I believe I have been exposed to COVID-19?

Use of the term *exposure, close contact*, or *direct contact* herein refers to close contact with someone who has COVID-19 where “close contact” is defined as being within approximately 6 feet of the person for 15 or more minutes.
What should I do if I believe I have been EXPOSED to COVID?

Exposure Off Campus
- Students who **LIVE off campus** and have been exposed to someone with COVID-19, stay away from campus.
- Self-isolate, notify the Affinity Health ULM Clinic and follow the guidance provided.
- Other University officials with a legitimate need to know will be informed. Medical information will be kept confidential.

Exposure On Campus
- Students who **LIVE on campus** and have been exposed to someone with COVID-19, MUST notify the Affinity Health ULM Clinic **AND** University Housing and follow the guidance provided.
- Other University officials with a legitimate need to know will be informed. Medical information will be kept confidential.

DO YOUR PART TO SAVE LIVES
- Wash hands frequently
- Cover your cough
- Don’t touch your face
- Stay home
- If you must go out, keep your distance from others
What should I do if I believe I HAVE COVID?

During School Hours
Affinity Health ULM Clinic
(318) 342-1651
1140 University Ave.
Monroe, LA 71209
Hours of Operation,
Mon. – Fri. from 8 a.m. to 5 p.m.

After School Hours
Should symptoms occur AFTER HOURS
or when the Affinity Health ULM Clinic is closed, please contact
The Affinity Health 24-hour Hotline
(318) 807-4616 • (318) 807-0525
2408 Broadmoor Blvd. Ste. 2
Monroe, LA 71201

Note: Large volumes of calls may be filtering at the same time please be patient
and continue to hold or continue calling back until you speak with someone.

*Student may also contact their Health Care Provider, follow the guidance
provided and prepare to navigate from home*
Student Diagnosed.
What about my classes?

Contact the ULM Counseling Center to ensure your connection with Academics

• The Affinity Health ULM Clinic and/or the Affinity Walk-in Clinic will communicate to the ULM Counseling Center those students who test positive. The ULM Counseling Center will contact the appropriate Academic Dean to begin the process for students to receive accommodations that are necessary.

• If you used your Personal Health Care Provider contact the ULM Counseling Center. Monday - Thursday 7:30 a.m. – 5:00 p.m. and Friday 7:30 a.m. – 11:30 a.m. (318) 342-5220.

• After normal business hours and on weekends, contact University Police at 318-342-5350. UPD will notify a counselor of the need for their services.
Who is going to Check on Me If I’m in Quarantine (A)

On Campus Students
- Students who **live on campus** will receive a call from the Residential Life and Housing staff twice a day. One call in the morning and the other call will be in the evening. If the staff finds that a student needs further assistance or a referral, they will call the appropriate University officials.
- Cleaning Supplies will be provided if needed.

Commuter Students
- Students will be contacted by the designated Academic Affairs personnel.
- Students who contacted the Affinity Health Clinic will follow protocols from the Counseling Center.
- Students who used their personal Health Care provider will need to complete a Counseling Center; **intake form** should they wish to be contacted by the University Counseling Center.
Who is going to Check on Me If I’m in Quarantine (B)

Join Zoom Meeting
https://ulm.zoom.us/j/99624439521?pwd=MTI1eXZQR2crdDVkcjZGK0R3Y0YzQT09
Meeting ID: 996 2443 9521
Passcode: COVID

On Campus Students
• Zoom call Mondays at 4pm, Wednesdays at 4pm and Fridays at 11:00am.
• Students will receive a call from Residential Life and Housing daily.
• If the staff finds that a student needs further assistance or a referral, they will call the appropriate University officials.

Commuter Students
• Zoom call Mondays at 4pm, Wednesdays at 4pm and Fridays at 11:00am call if you have contacted the Affinity Health ULM Clinic or Counseling Center.
Who is Contact Tracing?
Louisiana Department of Health (LDH)

The Louisiana Department of Health (LDH) is responsible for conducting contact tracing to identify persons that need to self-isolate because of exposure to COVID-19. Students who are contacted by LDH and advised to isolate should follow the orders of LDH and notify the Affinity Health ULM Clinic, which will inform other University officials with a legitimate need to know. Medical information will be kept confidential.
A. Students who believe they **may have been exposed** and have **not** been contacted by LDH should **contact the Affinity Health ULM Clinic (318) 342-1651** or their personal Health Care Provider and follow the guidance provided.

B. Students who are exposed or potentially exposed and are **immunocompromised** or live with someone who is immunocompromised, should immediately notify a Health Care Provider.

C. Second order contacts are not considered exposure. In other words, a student that has contact with a person that has had contact with a person with COVID-19 may continue to attend classes and participate in campus activities, but should continue to social distance, wear a mask and monitor for symptoms.
Student Diagnosed.  
When can I return to class/campus?

A student diagnosed with COVID-19 may return to class/campus if **all** these criteria are met:

1) No fever, 100.4 or greater, for **24 hours** without taking any fever-reducing medication,

2) Other symptoms have improved, and

3) At least 10 days have passed since symptoms first appeared or the student has received two negative tests in a row at least 24 hours apart.
Student Diagnosed. What Else do I have to do?

Follow the orders of the Affinity Health ULM Clinic, University Guidelines, Personal Health Care Provider, and complete the

ULM COVID-19 Return to Campus Certification

For More Information:
Go to https://www.cdc.gov
The University’s policies and protocols for responding to the COVID-19 pandemic are focused on maintaining a safe and healthy campus environment. The plans align with federal, state and local guidelines. Safety requirements include good hygiene, including frequent hand-washing, maintaining 6-feet social distancing and wearing a face mask or covering inside all campus buildings and in any area where social distancing is not feasible. The University expects all employees and students to comply with these protocols. Failure to comply with these safety requirements can result in disciplinary action and students may be removed from class and redirected to online instruction.
COVID 19 Classroom Policy

The following are some guidelines for Fall 2020 semester teaching:

1) Be reasonable, flexible and equitable in all actions and decisions and

2) Be strategic in all actions and decisions.
Cloth Face Coverings

Appropriate cloth face coverings must cover both the nose and mouth. CDC guidelines about cloth face coverings must be followed. Cloth face coverings are required:

- At all times when in public areas or shared spaces within buildings
- Outdoors, when near others, and when physical distancing of at least six feet cannot be maintained (e.g. course transition times);
- In classrooms, students are required to wear cloth face coverings or masks. Reasonable accommodations will be made for those who are unable to meet this requirement;
- In classrooms, faculty may teach their courses without a face covering only if they are able to maintain six-feet physical distancing from students; otherwise, a cloth face covering, or mask is required. Faculty should maximize distance between themselves and students, and all coughs and sneezes must be covered with a cloth. Faculty could also consider using a Plexiglass barrier or shield;
- By employees when physical distancing of at least six feet cannot be maintained. Reasonable accommodations will be made for those who are unable to meet this requirement.
Physical Distancing in the Classroom

In addition to the expectation of cloth face coverings in the classrooms as outlined for Fall 2020, seating arrangements should, when possible, spread students throughout the classroom by either:

1) leaving empty desks between students,
2) physically moving desks farther apart, or
3) reducing the number of students seated at a single table.

Maintain physical distancing protocols of a minimum of six-feet and reduce room occupancy in the classroom or physical location of meeting space at any time.

If the classroom is not conducive to employing this strategy, faculty, in consultation with Department Chairs, should consider hybridization or relocation tactics as outlined above.
Guidelines for reporting students who are not in compliance with the COVID 19 Safety Principles

Students and faculty will be expected to follow the COVID 19 safe principles during all face-to-face classes and interactions. Students who fail to follow these guidelines could be subject to the Classroom Behavior Policy which can be found at:

http://catalog.ulm.edu/content.php?catoid=30&navoid=3599
Guidelines for reporting students who are not in compliance with the COVID 19 Safety Principles

• In some cases, individuals may have special circumstances that prevent them from wearing a face covering. Those individuals must obtain approval for this accommodation by submitting their request, along with supporting documentation, to the ULM Counseling Center. Upon approval, the student will be given an accommodation letter which must be emailed to their professor(s) before attending an in-person class.

• For any student not abiding by the COVID 19 safe principles, instructors may apply the Classroom Behavior Policy which can be found at http://catalog.ulm.edu/content.php?catoid=30&navoid=3599
Guidelines for reporting students who are not in compliance with the COVID 19 Safety Principles

- Instructor verbally informs the student of the necessary adjustment to make.
- If the student complies, no further action is necessary.
- If the student does not comply, they may be told to immediately leave the class space.
- If the student leaves, the instructor shall follow up by sending the student an email containing classroom expectations and the consequences for non-compliance.
Guidelines for reporting students who are not in compliance with the COVID-19 Safety Principles

• If a student remains non-compliant, the instructor may cancel the class.
• The instructor shall follow up by sending the student an email containing compliance expectations and the consequences for non-compliance, including deregistration from the class.
• The instructor may refer the non-compliant student to the Dean of Student
Student Policies Regarding Class

• Classes will be held face-to-face, hybrid, hyper-flex and online formats.
• If a student wants to change format of class, they should meet with faculty for accommodations.
• If a class is offered in a certain format, students should check schedule to inquire about the class being offered in a different format.
• Faculty should make every opportunity available to students in order for completion of the course to be accomplished.
• Faculty and students should come to a resolution that is agreeable by both parties.
Congratulations

You have completed the student COVID-19 Protocol Review.