

Curriculum Vitae

Dusty Lynn Mardis

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Education

Masters of Science Degree- Exercise Science	University of Louisiana at Monroe	2012
Bachelor of Science Degree- Exercise Science	University of Louisiana at Monroe	2000

Professional Experience

Instructor, Department of Kinesiology University of Louisiana Monroe	January 2015- Present
Adjunct Kinesiology Faculty University of Louisiana Monroe	January 2013- December 2014
Wellness Services Coordinator University of Louisiana Monroe	September 2010-May 2013
Pilates & Yoga Instructor Monroe Athletic Club- Monroe, LA Owner/ Instructor of Little Mudita Kids Yoga	July 2001- Present June 2013- Present

Undergraduate Courses Taught

KINS 2041 Personal and Community Health (3 cr. hrs.)
KINS3065 Fitness (3 cr. hrs.)
KINS 4002 Exercise Program Design (3 cr. hrs.)
KINS 4035 Practicum in Physical Education (6 cr. hrs.)
KINS 4043 Epidemiology (3 cr. hrs.)
KINS 3012 Exercise Physiology (3 cr. hrs.)
KINS 2005 First aid/ Safety (3 cr. hrs.)
KINS 2001 First aid/ CPR (3 cr. hrs.)
KINS 4034 Professional Seminar (3 cr. hrs.)
KINS 3034 Methods & Materials in Physical Education (3 cr. hrs.)
KINS 3019 Motor Learning (3 cr. hrs.)

Certifications

- American Red Cross- INSTRUCTOR
- Yoga Alliance- Registered Yoga Teacher
- AFAA Primary Group Exercise, Pilates, Personal Fitness Trainer
- Les Mills Body Pump

- SilverSneakers
- YogaFit- Levels 1,2, 3,4
- STOTT Pilates Matwork & Reformer
- Reebok- Core Training Certificate
- American Institute of Preventive Medicine- Weight Management Specialist/Stress Management Specialist

Service Community

University of LA Monroe	Library Committee	2016-Present
University of LA Monroe	ASK Organization Advisor	2016- Present
University of LA Monroe	Title IX Committee	2011- 2015
Junior League of Monroe		2010- 2014
Monroe Junior Garden Club		2008-2011