

CALL 318-342-5678

Hours and Appointments

The MFT Clinic is generally open for afternoon and evening appointments Monday through Thursday and Friday mornings. Please call us to schedule an appointment.

Fees

Services are available to individuals, couples and families. Our standard fee is \$30 for the first session and \$20 for all other sessions. Our therapist interns can work with you to reduce the cost based on your financial situation.

Students, faculty and staff of ULM and Delta Community College, in addition to all military, veterans and their families can receive services free of charge.

Referral

The Marriage and Family Therapy Clinic is open to anyone and cooperates with area social service agencies, physicians, attorneys, ministers, and schools. We welcome referrals from these and other sources when we can be of assistance to their clientele. Prompt referrals to other professionals are provided to clients who require services not offered at the ULM MFT Clinic.

Therapy Process and Session Length

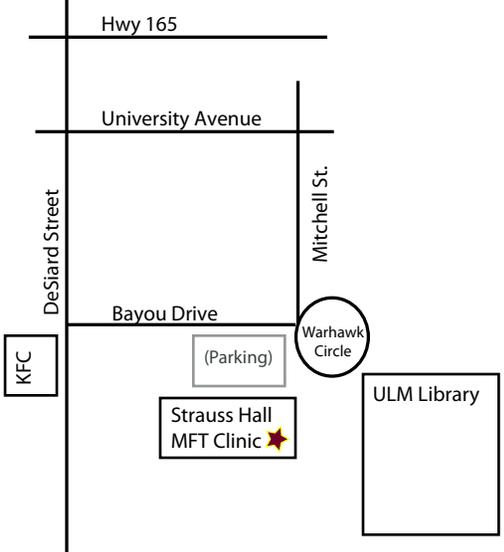
Usually one session per week is scheduled for approximately 50 minutes each visit. The length of therapy varies between therapist interns, clients, and the nature and severity of the problem; however, most marriage and family therapy is brief in nature.

www.ULM.EDU/CEHD

DIRECTIONS

Turn into the ULM campus from DeSiard street (at the traffic light at KFC) onto Bayou Drive.

The ULM MFT Clinic is located in Strauss Hall, the first large campus building on the right (directly beside the library). Enter through the doors near the library and continue through two sets of double doors.



The University of Louisiana at Monroe is a member of the University of Louisiana System and is an Affirmative Action/EOE.



Join MFT Clinic on Facebook!

ULM Marriage and Family Therapy Clinic



Discover ULM

Serving ULM and the surrounding community





IS MARRIAGE AND FAMILY THERAPY FOR ME?

Changes, stress and problems are inevitable in each person's life. Marriage and family therapists work to strengthen relationships and prevent problems from getting out of control. Not all family members must participate for successful outcomes. We work with individuals, couples and families.



Discover **ULM**

The ULM Marriage and Family Therapy Clinic is a teaching facility where Master and Ph.D. interns receive the necessary training to become professional Marriage and Family Therapists. All therapy is conducted by MFT interns who receive weekly supervision from AAMFT approved supervisors or the equivalent.

We work with a variety of issues including, but not limited to:

- Couples/marital difficulties
- Infidelity
- Issues related to divorce
- Grief and loss
- Problems related to communication
- Family conflicts
- Parent/child difficulties
- School related issues
- Feelings of stress, frustration, loneliness, sadness, and anxiousness
- Sexual problems or concerns
- Stress due to chronic illness
- Problems with alcohol and drugs
- Difficulties with anger, hostility or violence
- Individuals who have been diagnosed with a mental disorder such as:
 - Mood disorders
 - Anxiety disorders
 - Personality disorders
 - Behavioral disorders
 - Sleep disorders

CONFIDENTIALITY

All information concerning clients will remain confidential within the guidelines of Louisiana law and the ethical standards of the American Association for Marriage and Family Therapy and the American Counseling Association. While sessions are recorded for training and supervision purposes, they remain strictly confidential.



"The University of Louisiana at Monroe values diversity. Our valuing of diversity extends to and beyond ethnic, race, cultural, socioeconomic, religious, age, and gender differences among individuals. We celebrate the richness and opportunities afforded by a diverse university community."

For more information call:
318-342-5678

WHAT OUR CLIENTS ARE SAYING ABOUT OUR SERVICES:

"I was always treated with respect, concern and compassion. I knew my counselor cared about my problems and me."

"Everyone here has been very pleasant, courteous and professional. This is a very friendly atmosphere and even my child has felt comfortable talking and speaking up."

"...how much it made a difference in our lives."

"There will be a light at the end of the tunnel! Progress and changes will happen!"

"...very helpful, patient and understanding."

"This was a safe haven for me when I went through the grief and all that went with it."