

Resume

(ULM Career)

Luke E. Thomas

The University of Louisiana at Monroe
Kinesiology
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Education

Ph D, Louisiana State University, 1977.

Major: Health & Physical Education (Exercise Science)
Supporting Areas of Emphasis: Experimental Statistics and Psychology
Dissertation Title: Effects of Relative Humidity on Perceived Exertion

MEd, Northwestern State University, 1972.

Major: Health and Physical Education
Dissertation Title: Effects of Isometric Strength Training of Forearm Flexors on Difference Limen at Selected Elbow Joint Angles Among College Males and Females

BS, Northwestern State University, 1971.

Major: Health and Physical Education
Supporting Areas of Emphasis: Mathematics

Professional Positions

Academic

Professor of Kinesiology, University of Louisiana at Monroe. (August 1984 - Present).

Dean, College of Education & Human Development, University of Louisiana at Monroe. (March 2003 - June 2007).

Head, Department of Kinesiology, University of Louisiana at Monroe. (July 1998 - March 2003).

Licensures and Certifications

Clinical Exercise Physiologist, Louisiana State Board of Medical Examiners. (December 8, 1996 - October 25, 2011).

Professional Memberships

International, American College of Sports Medicine.

State, Louisiana Association of Exercise Physiologists.

State, Louisiana Association of Health, Physical Education, Recreation, and Dance.

National, Phi Kappa Phi.

Regional, Southeast American College of Sports Medicine.

State, Louisiana Obesity Council. (September 2009 - Present).

Development Activities Attended

Attended Conference, "2010 LAHPERD Annual Convention," Louisiana Association for Health, Physical Education, Recreation and Dance, Baton Rouge, LA. (November 4, 2010).

Attended Conference, "2010 Child Obesity and Public Health Conference," Pennington Biomedical Research Center, Baton Rouge, LA. (September 29, 2010).

Attended Conference, "2009 Childhood Obesity and Public Health Conference," Pennington Biomedical Research Center, Baton Rouge, LA. (September 16, 2009).

Attended Conference, "SEACSM Meeting," Southeast American College of Sports Medicine, Birmingham, AL. (February 12, 2009 - February 14, 2009).

Attended Conference, "Louisiana Association for Exercise Physiologists," Baton Rouge, LA. (November 19, 2005 - November 20, 2005).

Awards and Honors

Outstanding Service as a Professor, Mortar Board Mentor. (October 17, 2008).

Special Recognition for Preparation of High Quality Teachers, Governor Kathleen Blanco. (May 25, 2006).

Kitty Degree Endowed Professor of Education, University of Louisiana at Monroe. (August 1997).

TEACHING

Teaching Experience

The University of Louisiana at Monroe

EXSC 5004, Adv Physiology of Ex I
EXSC 5005, Adv Physiology of Ex II
EXSC 5007, Res Methods Exsc
EXSC 5010, Exercise Prescrp/Ldrsh
EXSC 5012, Exercise ECG
EXSC 5024, Exer Sco Persp/Spec Pop
EXSC 5027, Meas and Eval
EXSC 5030, Adv Anat Kines
EXSC 5038, Cardiovascular Physiology
EXSC 5039, Cardiac Rehabilitation
EXSC 5099, Thesis.
KINS 3019, Intro To Motor Learn
KINS 3055, Lifetime Sports
KINS 4002, Ex Prog Design
KINS 4003, T-M In Phy Ed
KINS 4037, Physiology of Exercise
KINS 4038, Exercise Physio Lab
KINS 5027, Meas and Evaluation

RESEARCH

Published Intellectual Contributions

Refereed Journal Articles

Kirkland, K., Thomas, L. E., Washam, C., Ferguson, P. (2000). The Relationship Between Physical Activity and Body Composition of High School Females. *Louisiana Association of Health, Physical Education, Recreation, and Dance Journal*, 64(1), 8-11.

Presentations Given

ULL, Howat. H. (Presenter & Author), ULL, Joshi. P. (Presenter & Author), Louisiana College, T. S. (Presenter & Author), Thomas, L. E. (Presenter & Author), 2010 LAHPERD Annual Meeting, "Effects of Fitness on Academic Performance among Children," Louisiana Association for Health, Physical Education, Recreation, and Dance, Crown Plaza Hotel, Baton Rouge, LA. (November 4, 2010).

ULL, Howat. H. (Presenter & Author), ULL, Joshi. P. (Presenter & Author), Thomas, L. E. (Presenter Only), Louisiana College, T. S. (Presenter Only), LSU, B. B. (Presenter Only), 2010 LAHPERD Annual Meeting, "University Partnerships: Working Together to Combat Childhood Obesity," Louisiana Association fo Health, Physical Education, Recreation, and Dance, Crown Plaza Hotel, Baton Rouge, LA. (November 4, 2010).

Beraud, C. (Presenter & Author), Colvin, L. C. (Author Only), Coyne, B. (Author Only), Thomas, L. E. (Author Only), SEACSM Meeting, "Comparing Physical Activity Levels to Cardiorespiratory Fitness and Body Composition in Firefighters," Southeast american College of Sports Medicine, Birmingham, AL. (February 13, 2009).

Babin, B. (Presenter & Author), Thomas, L. E. (Author Only), SEACSM Meeting, "The Accuracy of Non-Exercise Maximal Oxygen Uptake Prediction Equations for Cross Country Athletes," Southeast american College of Sports Medicine, Birmingham, AL. (February 13, 2009).

Thomas, L. E. (Presenter & Author), 2006 Southern Education Summit, "Redesign: The Almost NeverEnding Story," New Mexico State University & The Educator Support Center, Santa Fe, New Mexico. (September 20, 2006).

Thomas, L. E. (Presenter & Author), Byrd, R. (Presenter & Author), Louisiana Association of Exercise Physiologists Annual Meeting, "History and Future of the Louisiana Association of Exercise Physiologists," Louisiana Association of Exercise Physiologists, Baton Rouge, Louisiana. (November 2003).

Thomas, L. E. (Presenter & Author), Dardeau, L. (Presenter & Author), Gentry, V. (Presenter & Author), Louisiana Association of Health, Physical Education, Recreation, and Dance Annual Meeting, "Issues in Physical Education and Sport," Louisiana Association of Health, Physical Education, Recreation and Dance, Baton Rouge, Louisiana. (November 2001).

Thomas, L. E. (Author Only), Mayo, J. J. (Presenter & Author), Chris, W. (Author Only), Louisiana Association for Health, Physical Education, Recreation, and Dance, "Health-Related Fitness of Minor League Hockey Players," New Orleans. (November 1999).

Washam, M. C., Thomas, L. E., Louisiana Association of Exercise Physiologists 5th Annual Symposium, "The Trouble with Creatine," Baton Rouge, LA. (October 1998).

- Reddy, I., Thomas, L. E., AACP Meeting, "Implementation of a New Course with a Focus on Active Learning through Integrated Curricular Approach: Pharmacy Care Laboratory II," Aspen, CO. (June 1998).
- Washam, M. C., Thomas, L. E., American College of Sports Medicine Annual Meeting, "Left Ventricular Characteristics of Elite Female College Powerlifters," Orlando, FL. (June 1998).
- Washam, M. C., Thomas, L. E., Southeast American College of Sports Medicine Annual Meeting, "Relationship of Body Surface Area and Body Composition to Left Ventricular Dimensions in Elite Female Weightlifters," Destin, FL. (January 1998).
- Thomas, L. E., Washam, M. C., Louisiana Association of Health, Physical Education, Recreation, and Dance State Convention, "National Coalition for Promoting Physical Activity," Lafayette, LA. (November 1997).
- Washam, M. C., Thomas, L. E., Talton, B. J., Pujol, J., Burkett, D. G., American College of Sports Medicine Annual Meeting, "Relationship of Resistance Training Experience to Left Ventricular Dimensions in Female Weight Lifters," Denver, CO. (May 1997).
- Campbell, H. W., Thomas, L. E., Southern District American Alliance for Health, Physical Education, Recreation, and Dance, "Coronary Heart Disease: Risk Factor Analysis," New Orleans, LA. (February 1997).
- Washam, M. C., Thomas, L. E., Landrum, T. L., Southeast American College of Sports Medicine Annual Meeting, "Anabolic and Lipolytic Effects of Chromium Supplementation in Resistance Training Females," Atlanta, GA. (January 1997).
- Thomas, L. E., Coyne, B., American College of Sports Medicine Annual Meeting, "Lactate Responses to Upper and Lower Body Exercise in Trained Athletes," Minneapolis, MN. (May 1995).
- Coyne, B., Stewart, B. E., Thomas, L. E., American College of Sports Medicine Annual Meeting, "Lactate Levels During Arm Crank and Treadmill Exercise," Indianapolis, IN. (May 1994).
- Thomas, L. E., Washam, M. C., Southeast American College of Sports Medicine Annual Meeting, "Differences in Maintenance of Target Heart Rate During Three Different Models of Exercise: Water Jogging, Running, and Step Aerobics," Greensboro, NC. (January 1994).

Contracts, Grants and Sponsored Research

Other

- Thomas, Luke E. (Principal), Campbell, Henry Wilson (Co-Principal), Colvin, Lisa Cooper (Co-Principal), Coyne, Brian (Co-Principal), (Co-Principal), "Picard Center - Fitness Assessment for K-12 Schools" (Funded), Sponsored by Picard Center - ULL, External to The University of Louisiana at Monroe, \$25000. (August 2010 - June 2011).
- Doherty, Mark (Supporting), Thomas, Luke E. (Principal), Campbell, Henry Wilson (Supporting), Coyne, Brian (Supporting), "Fitnessgram Testing for Northern La. K-12 Schools" (Funded), Sponsored by Cecil Piccard Center/ULL, The University of Louisiana at Monroe, \$13400. (November 2009 – June 2010).

Thomas, Luke E. (Supporting), "Children and Rural Education: Left Behind From The Start", Sponsored by National Science Foundation, External to The University of Louisiana at Monroe, \$199975. (September 2004 - September 2006).

Thomas, Luke E., "Literacy Accros the Curriculum" (Funded), Sponsored by Louisiana Board of Regents, External to The University of Louisiana at Monroe, \$5000. (June 2006).

Thomas, Luke E. (Supporting), "LA Health: Teacher Education Across Content Areas and Health (T.E.A.C.H.)" (Funded), Sponsored by Louisiana Systemic Initiatives Program (LaSIP), External to The University of Louisiana at Monroe, \$119792. (September 2005).

Thomas, Luke E. (Co-Principal), "Collaborative Distance Course Preparation for Duplicative Programs in Physical Education" (Funded), Sponsored by Louisiana Board of Regents Distance Education Initiative Grant, External to The University of Louisiana at Monroe, \$50922. (August 1999 - July 1, 2000).

Thomas, Luke E.(Principal), "Enhancement of a Portable Multimedia System for the Health & Human Performance Curriculum" (Funded), Sponsored by Northeast Louisiana University Faculty Development Grant, The University of Louisiana at Monroe, \$5030. (1998).

Thomas, Luke E.(Principal), "Enhancement of Health & Human Performance Courses Through the A.D.A.M. Software Program" (Funded), Sponsored by Northeast Louisiana University Teaching and Learning Resource Grant, The University of Louisiana at Monroe, \$3585. (March 1996).

Thomas, Luke E.(Principal), "Enhancement of the Exercise Science Emphasis in Health and Human Performance", Sponsored by Louisiana Education Quality Support Fund Grant (LEQSF), \$55300. (July 1993).

Creative Works

Interview for Marketplace on American Public Media Radio, *National Public Radio Interview on Curriculum Redesign Model*, Los Angeles, CA. Los Angeles, CA: Southern California University. Broadcasted April 2011.

Research in Progress

"Physical Activity and Childhood Obesity" (Planning)

SERVICE

Internal Service

College

Committee Member, College of Education and Human Development Faculty Committee, ULM.

Committee Member, College of Education and Human Development NCATE Subcommittee on Governance, ULM. (September 2008 - December 2009).

Committee Member, CEHD T&P Committee, Member. (October 2009).

Committee Chair, CEHD Endowed Professors Committee. (September 2009).

Department

Committee Member, Exercise Science Accreditation, Member. (September 2008 - Present).

Director, MS Exercise Science Program. (September 2008 - Present).

University

AHA Executive Leadership Team, Representing ULM for the American Heart Association Heart Walk. (October 15, 2011)

Committee Member, University Program Review Task Force. (September 2009 - Present).

Committee Member, ULM Faculty Qualifications and Academic Effectiveness Committee for SACS. (May 2009).

Committee Member, ULM Steering Committee for NCAA Certification. (September 2007 - December 2008).

Committee Chair, ULM Academic Integrity Subcommittee for NCAA Certification. (May 2008).

Committee Member, ULM Faculty Qualifications and Academic Effectiveness Committee for SACS. (September 2007 - May 2008).

Committee Member, Search Committee, Dean of Arts & Sciences. (November 2006 - December 2006).

External Service

Professional

Committee Member, Louisiana Obesity Council, Member. (January 1, 2010 - Present).

CEU reviewer for license renewal through LA Board of Medical Examiners, Louisiana Association of Exercise Physiologists, Member. (September 2003 - September 2012).

Organizer and presenter of WELNET workshop, Ouachita Parish Schools. (January 19, 2011).

Faculty Advisor, Louisiana Association of Exercise Physiologists (2003 – 2010).

Public/Community

Pro Bono Professional Service, American Heart Association.

Scholastic Judge for annual Ouachita Jr. Miss contest, Ouachita Jr. Miss. (February 1, 2006 - Present).

Consulting

Academic, Louisiana Association of Exercise Physiologists (Faculty Advisor) 2003 – 2010.

Co-Evaluator of Ouachita Parish School System PEP Grant, Assisted Dr. Wilson Campbell,
May-June 2011.

Working with NE Louisiana schools on fitness assessment through the Picard Center for Child
Development and Lifelong Learning, July 2011 – June 2012.