

CURRICULUM VITAE

Tommie L. Church, M.Ed.
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Educational Preparation

Bachelor of Science	Northeast Louisiana University 1993
Master of Education	Northeast Louisiana University 1996
Doctorate of Philosophy	Projected Graduation date in May 2012 Texas Woman's University

Professional Experience

Present	Full Time Instructor, Department of Kinesiology, University of Louisiana at Monroe, Monroe, Louisiana
1977 – Present	Owner/Director of Ms. Tommie's School of Dance, Winnsboro, Louisiana

Courses Taught – Undergraduate

KINS 1002	Aerobic Fitness (1 cr. hr.) This course is designed to provide students with a fitness class of aerobic exercises to improve cardiorespiratory endurance.
KINS 2011	Foundations in Physical Education (3 cr.hrs.) This course is designed to increase understanding and familiarization of Health, Physical Education, Exercise Science, and Sport as a profession; including philosophy, objectives, historical background, principles, trends, curriculum, and professional preparation.(now KINS211)
KINS 2041	Personal and Community Health (3 cr.hrs.). An orientation course in health which deals with nutrition, stress, exercise, diseases and their prevention.
KINS 3018	Fitness Assessment Techniques (3 cr. hrs.). This course is designed to provide the exercise professional with the necessary cognitive and laboratory experiences for developing safe and accurate physical fitness testing practices.
KINS3065	Fitness (3 cr. hrs.) Basic knowledge, values, understanding, and teaching procedures of selected fitness programs. Course also includes a review of fitness testing, risk factors, risk stratification, medical history, and HIPAA compliance.
KINS 4002	Exercise Program Design (3 cr. hrs.). This course is designed to apply the principles of exercise leadership in the clinical and preventive settings, with particular emphasis on formulation of the exercise prescription.
KINS 4017	School Health Problems (3 cr. hrs.).This course is designed to foster examination, discussion, and problem solving relating to student health

problems found within various school systems.

- KINS 4035 Practicum in Physical Education (6 cr. hrs.) This purpose of this course is to provide the non-teaching physical education (Kinesiology) majors a real life experience in a professional setting related to their major concentration.
- KINS 4041 Worksite Health Promotion (3 cr. Hrs.) This course is designed to develop knowledge and awareness of the major issues in the field of worksite health promotion programming, as well as to enhance the ability of future practitioners to develop the professional techniques necessary to fulfill wellness programming needs with the corporate fitness/wellness field.
- KINS 4043 This course is designed to enhance the student's understanding of the historical and theoretical bases of epidemiology, the statistical methods used in epidemiology, the distribution of disease over person, place, and time, the research methods used in analytical epidemiology, and the application of epidemiology to the prevention of disease and the promotion of health.
- KINS 4045 The course is designed to foster the examination and discussion of relevant controversies in health science and personal health. The issues researched and debated are focused around issues of substance use and abuse; sexuality and gender; environment and health; the mind/body relationship and consumer health and nutrition.
- KINS4046 This course provides learning experiences for ULM students in the development of health-enhancing knowledge, skills, and dispositions (a.k.a. competence) related to public health practice among multicultural populations with varying health beliefs, values, behaviors and needs in American society. Such cultural competence (knowledge, skills, and dispositions) are basic to effective program planning, implementation, service delivery, program evaluation, and successful health outcomes through public health education and health promotion. There are special emphases on the ethnic and cultural characteristics of primary ethnic/racial populations in the state of Louisiana.

Service Community

Performing Member of Monroe Little Theater (1972-2007)

Productions: "The Boyfriend", "Oklahoma", "Hello Dolly", "A Chorus Line", "42nd Street", "Nunsense", "Anything Goes", "Of Thee I Sing", "Damn Yankees" and "Showboat", "Will Rogers' Follies", "New Faces", and "Chicago" "Sweet Charity". D5, D6

Served as one of the coordinators for volunteers from Kinesiology Department for Race for the Cure, Fall 2003-2007.

Community outreach project involving the design of exercise program for Rays of Sunshine Substance Recovery Program (2003-2004). K5, K6, S2, S5, S6, D5, D6

Served as Choreographer for Monroe Little Theater for "Six Dance Lessons", "Beauty and the Beast," and "Footloose" 2006-2007.

Service University

Department of Kinesiology Department Head Search Committee 2011

College of Education and Human Development's Faculty Advisory Committee 2010-2011
College of Education and Human Development's Recruitment and Retention Committee 2011
University Online Learning Committee 2008-2011
University Quality Matters Review Team 2009-2011
University Student Conduct Committee 2010-2011

Honors

Dance Educator of the Year 2000 – Louisiana Association of Health, Physical Education, Recreation, and Best Actress in Musical at Monroe Little Theater (Leading Role) “Chicago” – 2003; “Sweet Charity” – 2004. D6

Outstanding Choreography Award for choreography in “Beauty and the Beast” – 2007 – Monroe Little Theater

ULM Mortar Board Outstanding Faculty Award – 2007

ULM Mortar Board Outstanding Faculty Award – 2010

Scholarly work

Served as one of the co-authors and researchers for project on local dance workshop students in the summer of 2000. A poster presentation was presented at annual convention for LAHPERD. The study involved risks for eating disorders in young dancers. K6, S6, D5, D6

Collaborated in grant development project with Monroe City School System. The purpose of the grant is to help provide physical education programs, specialists, and equipment for the schools involved. My role was the fitness assessment process involved in the needs assessment provision. K2, K6, S5, S6, D2, D5, D6

Served as a Learning Facilitator for the LA Health Initiative (2006-2007). This program involved conducting workshops to train teachers in underserved school districts on how to implement nutrition and physical activity components in their elementary curriculums.

Currently finishing dissertation for PhD in Health Studies at Texas Woman's University. The title of the dissertation is “Factors affecting women's menopausal therapy option decisions”. Projected graduation date is May 2012.